

Overview: The Path Forward for Mental Health & Substance Use

Mental Health & Substance Use A Public Health Crisis

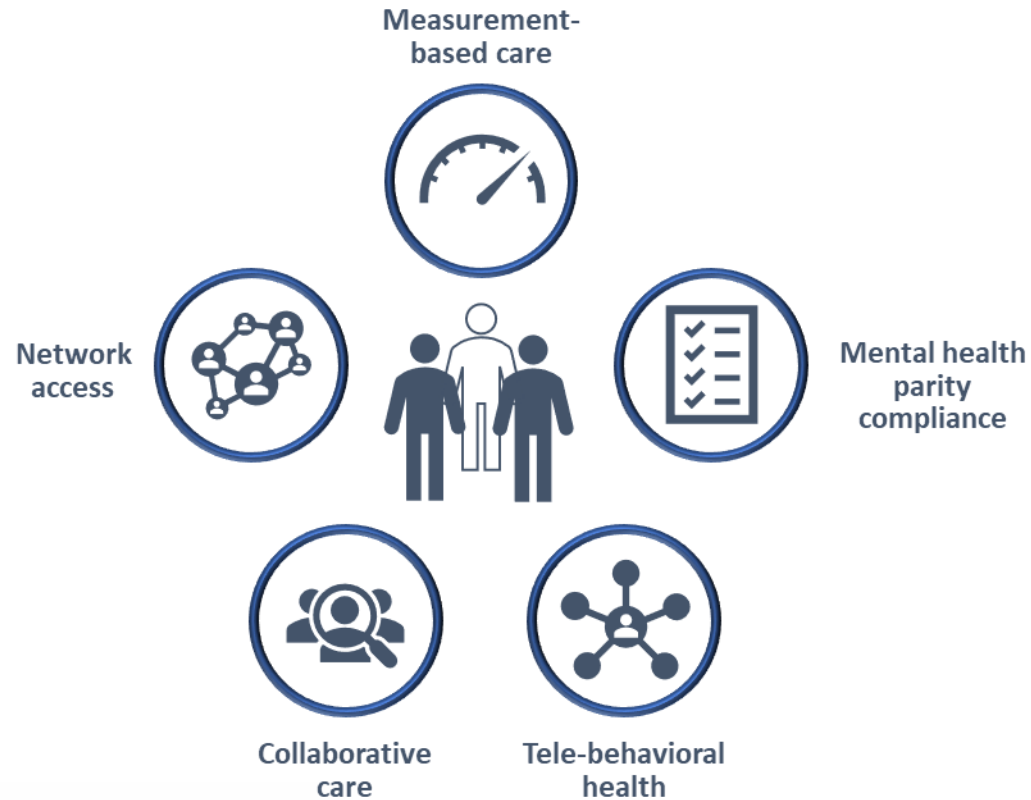
Societal Impact
 Suicide rates at record levels
 Opioid deaths up 400%
 Acceptance improving, access declining

Workforce Impact
 Direct impact on performance
 Leading cost of disability
 Multiplier effect on co-morbidities

FIVE INTER-RELATED OPPORTUNITIES TO STEM THE TIDE OF ACCESS ISSUES

A **BROKEN** SYSTEM

- Phantom networks – difficult to get timely appointments
- Provider shortages, low participation rates
- Most mental health medications prescribed by primary care
- No accountability for quality of treatment
- Growing concerns and enforcement of mental health parity



A **REFORMED** SYSTEM

- Reverse declining network participation rates of mental health professionals
- Improve quality of care provided and patient outcomes
- Integrate behavioral health screening, coordination and referrals from primary care
- Reduce legacy mental health disparities and friction
- Supplement access and integration with virtual care

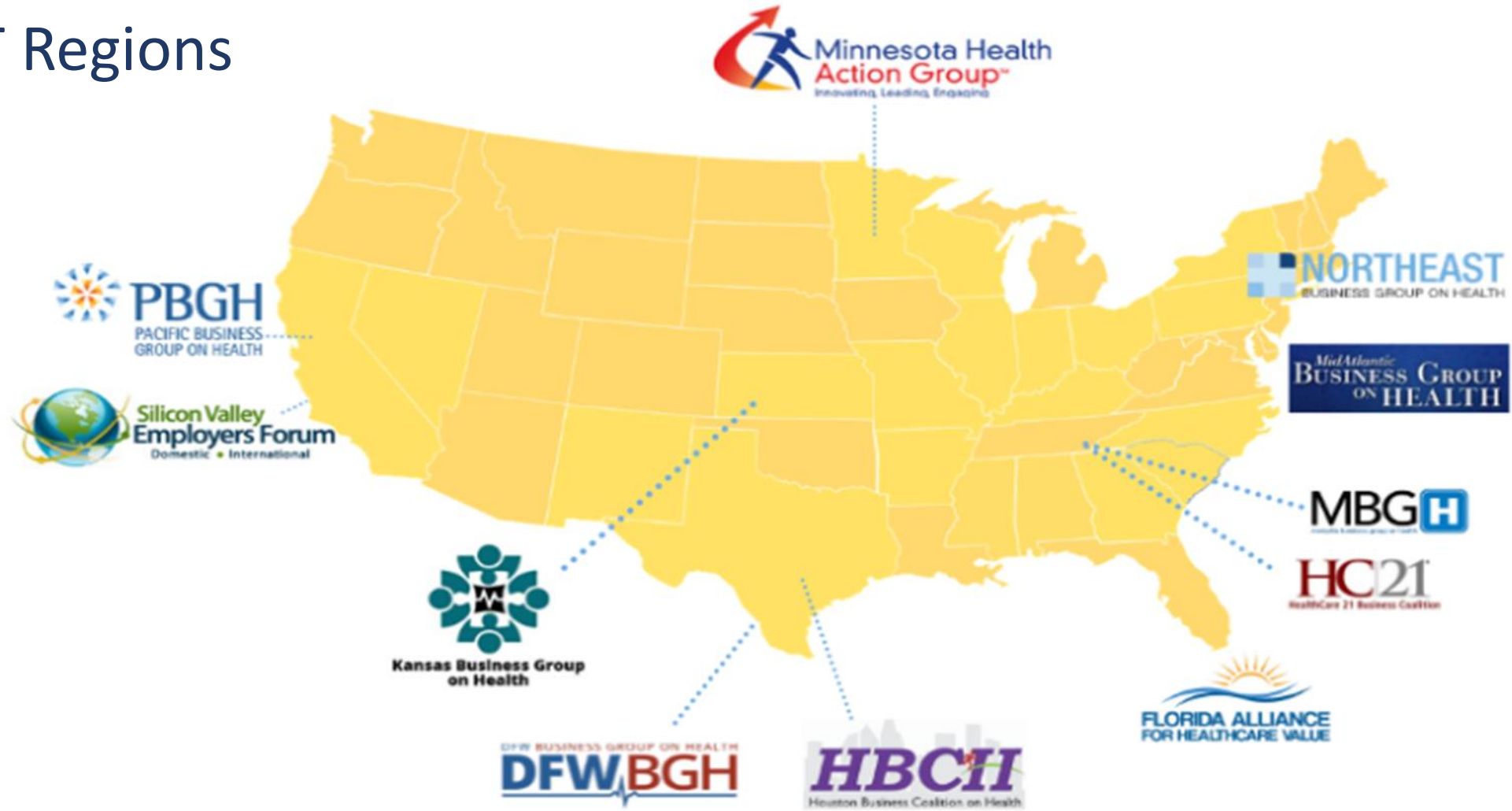
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RESET

Regional
Employer
Stakeholder
Engagement
Team

RESET Regions



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